"Women living with HIV are often referred to as a ‘special population’ when in fact women represent over 50% of the population and globally more than 50% of people living with HIV are women. This is a changing world of gender equality and how subsequently we need to think about how we engage women in their own right.

The 4M training of women who live with HIV to support and mentor others was first conducted in Kenya, and we have now delivered this training in Uganda and Kenya. We are living in incredible times in relation to the prevention of HIV, and this handbook is important in recognising the valuable role that women living with HIV have to play. We are living in very effective in overcoming challenges together, encouraging mutual learning and growth, is incredibly positive times in relation to the prevention of HIV, and this handbook is important in recognising the valuable role that women living with HIV have to play. We are living in the world of peer mentoring at its best."

"A comprehensive resource which has been developed by women living with HIV. This will ensure that we will be empowering our community; we are mentoring or training other women to mentor through the pregnancy journey and beyond. Careful attention has been taken to include women in all our diversities, which brings richness and depth to the manual."

"The comprehensive guide is peer mentoring at its best. It takes keen interest in going into details that any mentor mother will know. It shows what has been put into it and are happy mentor mothers will have a document they can read and work with to make their work easier and more fun. You know everything. I can’t wait to let others see it and see how a program goes."