HIV AND PREGNANCY HEADLINES

Between The Sheets

Liverpool – 12/02/16

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HIV and Pregnancy - Headlines

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Small, young with a global reach

Aims:

- Protect, Promote & Enhance the health and rights of people, particularly but not exclusively; marginalised as a result of their, Gender, HIV status or Sexual & Reproductive health

Through:

- Training, Global Advocacy & Research

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HIV and Pregnancy

The Reality
Women living with HIV across the globe now having children

The basics
Vertical Transmission can occur:

- During Pregnancy
- At delivery
- Via Breastfeeding

With proper management – low risk of transmission

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HIV and Pregnancy – Issues

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The UK situation – Pre and Post HAART

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HIV and Pregnancy – the UK situation

MTCT rat
e ~ 0.5 %

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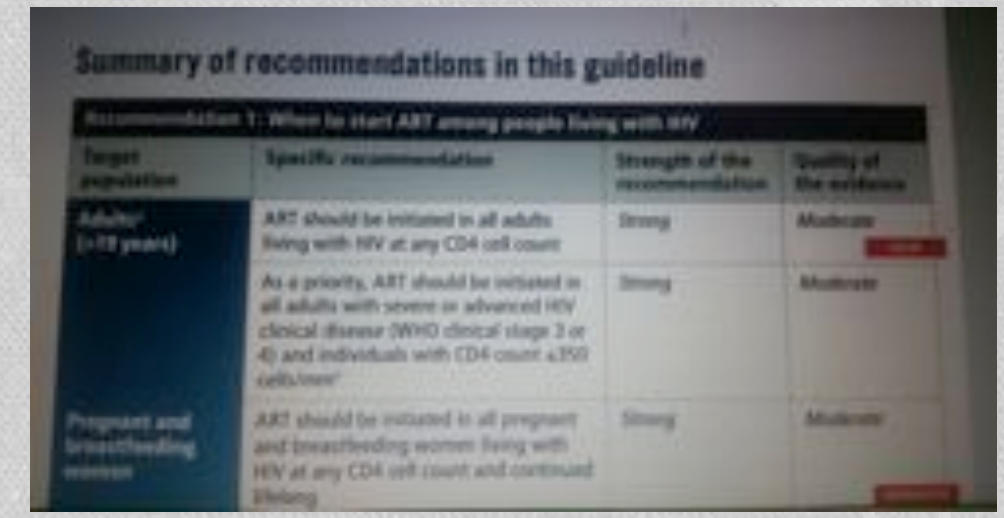
HIV and Pregnancy – WHO Global Plan countries



Summary of recommendations in this guideline

Target population	Specific recommendation	Strength of the recommendation	Quality of the evidence
Adults (>19 years)	ART should be initiated in all adults living with HIV at any CD4 cell count	Strong	Moderate
	As a priority, ART should be initiated in all adults with severe or advanced HIV clinical disease (WHO clinical stage 3 or 4) and individuals with CD4 count ≤350 cells/mm³	Strong	Moderate
Pregnant and breastfeeding women	ART should be initiated in all pregnant and breastfeeding women living with HIV at any CD4 cell count and continued lifelong	Strong	Moderate

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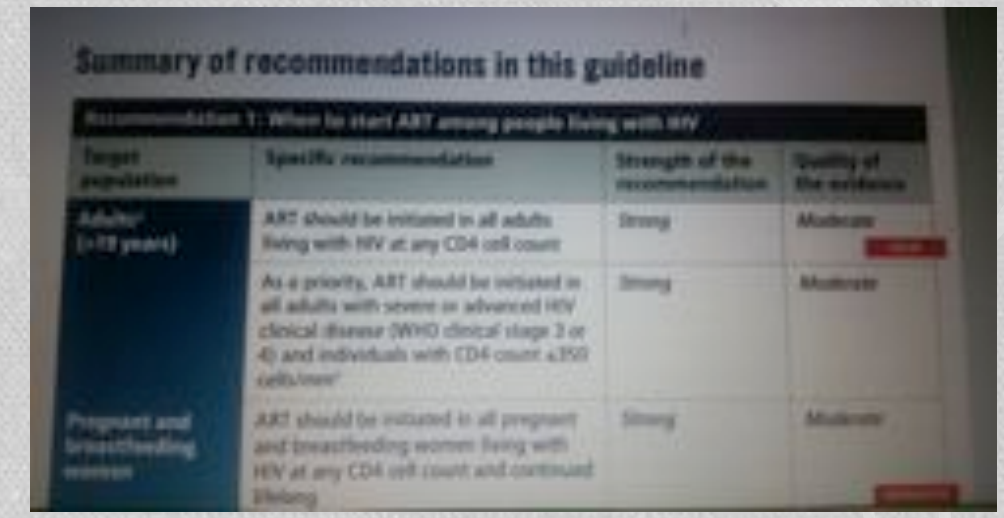
HIV and Pregnancy – WHO Global Plan countries



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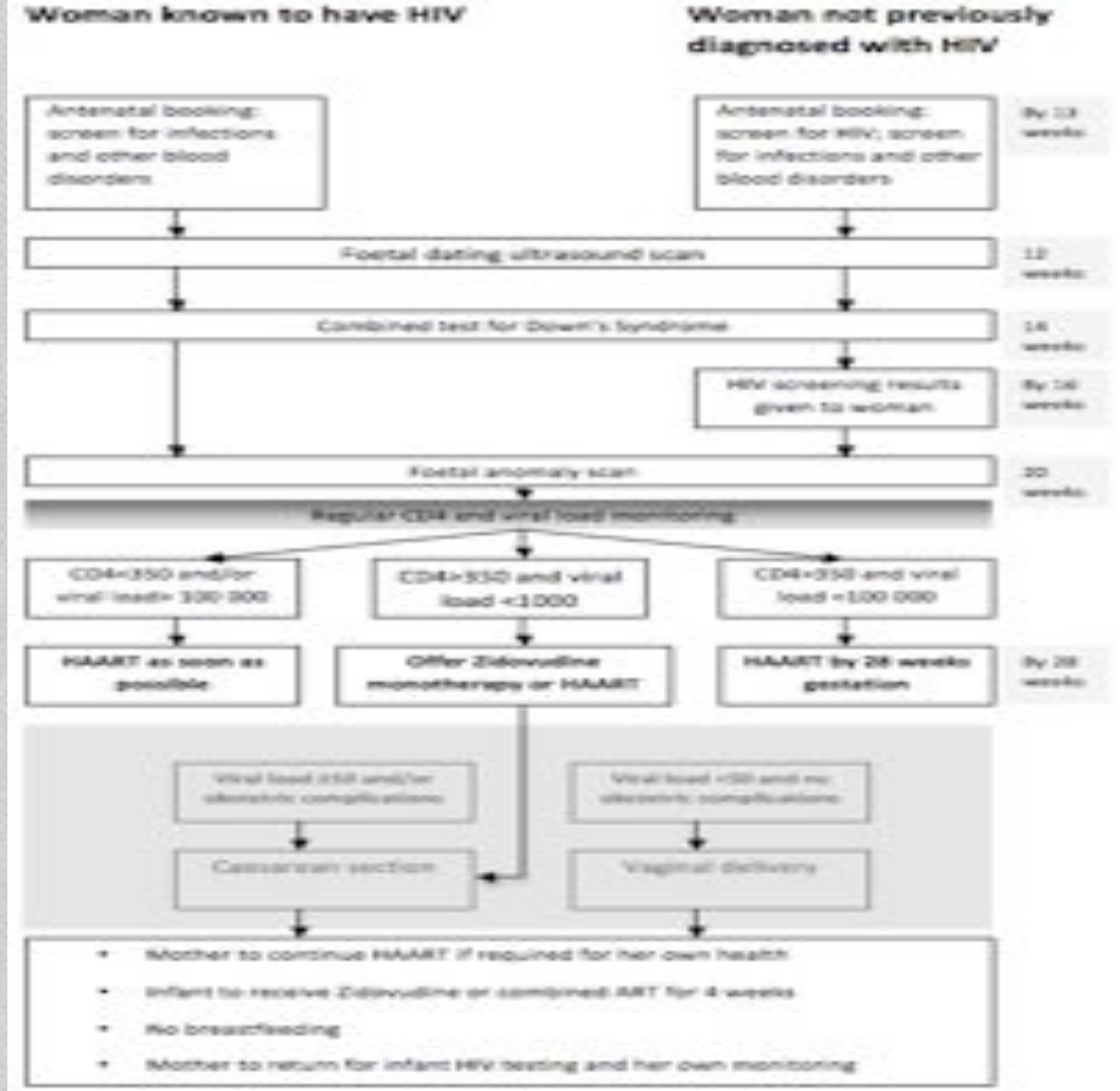
Clinical Management – The UK



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HIV and Pregnancy – What works

- **Multi disciplinary team**
- **Peer Support**

"I've got some friends that are not positive and if they see me, they keep asking me, 'Why are you not breastfeeding?' If I hadn't gone there I wouldn't have known what to say" (mum)

"The first time I was really stressed and upset and hungry, but when I saw [Mentor Mother] and I talked to her, and she gave me advice. I said, 'Oh, look there are women and they are positive…so I can be positive and positive in my life like this woman" (mum)

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HIV and Pregnancy – don't forget the mothers!

Mother holding baby. Keith Haring, 1986

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HIV and Pregnancy – Next big question

To breastfeed or to bottle-feed?

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Some Learning Points

- Important to address the Bigger Picture
- Women face Significant Challenges
- Peer and Social support is key
- Free Formula and Equipment
- Good Outcomes
- Maternal Love & Resilience

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Introducing:

Project 4M: peri-natal peer mentoring project for women living with HIV

Where **4M**: My Health, My Choice, My Life, My Child

Women living with HIV will be trained & skilled up as volunteer '**Mentor Mothers**" to support other women with HIV around them.

8 Regional Training Workshops (outside London)

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Acknowledgements

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PPP Programme
UCL Institute of Child Health

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QUESTIONS?

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